



Set out from the coast, head into the mountains, and experience life in the Japanese countryside for four days.

Local Regional Lifestyle Experience Tour

Shimanto: Mountains & Rivers × Agriculture
Niyodo River: Nature × Family

It started out as a small fishing village on the Pacific coast, and itinerary was divided into three parts: a village with a clear river, agricultural scenery, mountain village houses, and the final destination, a historical and intellectual town.

Itinerary purpose

The next trip is a non-sightseeing trip, and it is a deep physical trip to Japan's far-flung areas, and a way of life that is harmonious and harmonious with nature

We are a small fishing village on the Pacific coast, a rural village with a rural scenery, a mountain village, and a small town with a rich history and culture. Retracing the time order of the people living in Santen and the time order of the people living in Japan.



Itinerary outline

Day	Area	Activities	Accommodation
day1	Nakatosa Town Shimanto Town	【Kaminokae Fishing Cooperative (Fishing Experience)】 → 【Shimanto River (Traditional Yakatabune Boat Cruise)】 → 【Chinka Bridge Walk】 → 【EKIMAE HOUSE SAMARU】 → 【Dinner & Cultural Exchange Gathering】	EKIMAEHOUSE SAMARU (guest house)
day2	Shimanto Town	【Mishima Campsite】 - River Activities - Mishima 】 → 【Lunch Gathering with Local Residents at the Community Center (Local Cooking Experience)】 → 【Carpe Diem Kamaida(BBQ & Stargazing)】	Carpe Diem Kamaida
day3	Ochi Town	【Crystal Kayak Experience】 → 【Nakatsu Gorge】 → 【Guesthouse -en- (Dinner & Cultural Exchange with the Owner Couple)】	Guesthouse -en-
day 4	Kochi City	【Free Exploration or Kochi City Sightseeing】	

Day1 | 海から始まる ——“自然と共に働く”漁村の朝

****The previous day, Kochi, Kochi City Inn**

In the early morning, fishing boats return to port, and fishermen quietly go about the work of sorting their catch. There is no contrived tourism hype here. What you witness is simply the fishermen's daily routine. Depending on the day's weather, you can enjoy a simple fishing excursion or a tour of the harbor. Lunch consists of a simple meal prepared by the fishermen using their fresh catch.

In the afternoon, you will travel along a clear river valley toward the Shimanto River.

Board a traditional Japanese houseboat to hear the boatman share stories of the Shimanto River and local life, while experiencing the richness of Japan's last pristine river. Take a leisurely stroll along the riverbank, admiring the quintessential Japanese countryside scenery as you head into the rural area.

In the evening, you will stay at a local guesthouse.

At a local *izakaya* (Japanese-style pub), you can interact directly with the locals and gain insight into their lives. From the very start of your journey, you step into the heart of a living community, rather than just a "hotel."



Day 1 Image References



Fishing Experience

Traditional Yakatabune Boat Cruise
Chinka Bridge Walk

Day2 | 風景の中を走る ――地方の暮らしを感じる

Mishima Campsite

Experience the Shimanto River—known as Japan's last pristine river—where you can freely play in the water, enjoy a riverside sauna, try your hand at fishing, and simply relax.

****In case of rain: The activity will be changed to cake making.****

Lunch: After soaking in the beauty of the Shimanto River and trying your hand at fishing, you will join local residents to cook a lunch of rice and dishes prepared over a wood fire, enjoying the opportunity to interact with them.

In the evening, we will enjoy a barbecue and stargazing at our mountainside accommodation.

After a day of experiencing local life, we will spend the night surrounded by the tranquility of nature.



Kamado Rice Cooking Experience





↑ Mishima Campsite sauna



↑ Mishima Campsite: Outdoor Stove Experience



Net-Casting Experience

Day3 | 清流と家庭 ——山村に住むということ——お客の“非日常”、住民の“日常”に参加する

Niyodo River

Stroll along the crystal-clear waters, experience a transparent kayak tour, and play in the river.

We prioritize the pure sensation of being immersed in nature over flashy activities.

****Rainy Day Option: Washi Paper Making & Stroll through Ino Town****

In the afternoon, we head to a mountain village to stay with a local family.

We prepare dinner together with the family in the evening. Gathered around the dining table in a tatami room, we enjoy a cozy get-together with our hosts, Mr. and Mrs. Kanehara.

(Mr. Kanehara shares stories about the history of Kochi Prefecture, the relationship between the river and local residents since he moved here, the reality of depopulation, and his reasons for choosing to remain in the area.)

That evening, the participants are no longer mere "travelers," but become temporary "family members."

The trip concludes after dinner with activities in the garden, such as setting off fireworks, stargazing, and enjoying an outdoor hot spring bath.



